Stanbio Laboratory

β-Hydroxybutyrate LiquiColor® Procedure
No. 2440

Indications For Use: For the Quantitative Determination of β-Hydroxybutyrate in Human Serum or Plasma.

Summary and Principle

Ketosis is a common feature in acutely ill patients. In subjects suffering from starvation, acute alcohol abuse, or diabetes mellitus, ketosis can result in severe life threatening metabolic acidosis. The presence and degree of ketosis can be determined by measuring blood levels of β-hydroxybutyrate.

Ordinarily, β-hydroxybutyrate is the ketoacid present in the greatest amount in serum. It accounts for approximately 75% of the ketone bodies which also contain acetacetate and acetoacetone. During periods of ketosis, β-hydroxybutyrate increases even more than the other two ketoacids, acetacetate and acetoacetone, and has been shown to be a better index of ketoacidosis including the detection of subclinical ketosis.

In diabetics, the measurement of β-hydroxybutyrate as well as the blood glucose is needed for the assessment of the severity of diabetic coma and is essential for the exclusion of hyperosmolar non-ketotic diabetic coma. Moreover, the insulin requirements are often based on the extent of the hyperketonemia shown by the blood levels of β-hydroxybutyrate.

Enzymatic quantitation of β-hydroxybutyrate by β-hydroxybutyrate dehydrogenase has been reported. In the Stanbio method, β-hydroxybutyrate (D-3-hydroxybutyrate) in the presence of NAD gets converted to acetacetate and NADH at pH 8.5 by β-hydroxybutyrate dehydrogenase (D-3-hydroxybutyrate dehydrogenase). At this pH, the reaction is favored to the right. The NADH produced reacts with INT in the presence of diaphorase to produce color at 505 nm.

Reagents

- Enzyme (R1), Cat No. 2441
  Contains β-hydroxybutyrate dehydrogenase and diaphorase enzymes.
- Catalyst (R2), Cat No. 2442
  Contains NAD, INT, and oxalate.
- Standard, 1 mM/L, Cat. No. 2443
  Contains 1 mM Sodium D-3-hydroxybutyrate.

Precautions

For In Vitro Diagnostic Use Only. Rx only. Avoid skin contact with the reagents. If this occurs wash immediately with water.

Reagent Preparation:

Reagents are supplied ready to use.

Reagent Storage and Stability:

Reagents are stable stored at 2-8°C until expiration date on their respective labeling. Once opened, contamination must be avoided.

Materials Required But Not Provided

- Accurate pipetting devices, Timer, Cuvettes
- Spectrophotometer capable of absorbance readings at 505 nm
- Temperature controlled incubator
- Diaphorase
- NADH + INT (oxidized)
- NAD + INT (reduced)

Specimen Collection and Preparation

Serum or plasma collected with EDTA, heparin, or sodium fluoride can be used in the assay. Avoid hemolysis.

Sample Stability: Serum or plasma β-hydroxybutyrate levels are stable at least one week if kept refrigerated (2-8°C).

Interfering Substances: No significant changes in values were observed when the following analytes were added to serum containing 0.5 mM β-hydroxybutyrate.

- Glucose (2000 mg/dL): 96%
- Acetoacetic acid (5 mM): 96%
- Creatinine (5 mg/dL): 106%
- Ascorbate (3 mg/dL): 106%
- Bilirubin (10 mg/dL): 96%
- Uric Acid (16 mg/dL): 102%
- Triglycerides (417 mg/dL): 104%
- Cholesterol (514 mg/dL): 94%
- Lactic dehydrogenase (1515 U/mL): 93%
- Sodium lactate (96 mg/dL): 99%

In addition, hemolyzed serum with an OD at 540nm of 2.0 was added to the test and found not to interfere.

Automated Analyzer

Consult the application for Ortho VITROS 5600 Integrated System, VITROS 4600 Chemistry System for program parameters.

Quality Control

1) Stanbio Laboratory recommends the use of Stanbio TDM/B-Hydroxybutyrate Tri-Level Controls (Catalog No. 2460-605) or TDM/B-Hydroxybutyrate Bi-Level Controls (Catalog No. 2465-605). See the instructions for use for use and control ranges.

2) Three or two levels of controls are run each day the instrument is run prior to reporting patient results.

3) Refer to the instructions for use for the established ranges. Recovered control values outside of the established ranges are considered out of control and require the following corrective action.

a) Repeat the same control but do not report patient results unless the repeated control results are within the established limits.

b) If the repeated control results are still outside of established limits, use a fresh bottle of control and repeat the test. If the results are within range, report patient results.

c) If the results from the fresh controls are still out of range, recalibrate the analyzer and repeat the controls. If the controls are within range, repeat test with patient specimens.

d) If after recalibrating on the existing reagent the control results are still out of range, recalibrate on fresh reagent and repeat the controls. If the control results are in range, repeat test with patient specimens.

e) If none of the preceding produces acceptable QC results, contact Stanbio Laboratory Technical Service Department (800-531-5535).

4) The mean value and expected range found on the instructions for use are derived from interlaboratory data. The expected range includes instrument, reagent, and laboratory variations. This laboratory’s mean of several determinations may not duplicate the mean value found in the instructions for use, but should fall within the expected range.

5) Each laboratory should establish its own mean and precision parameters.

Results

Values are derived by the following equation:

\[
\frac{[\text{A}]}{[\text{As}]} = 1 \text{ mmol/L} = \beta\text{-hydroxybutyrate (mmol/L)}
\]

Where A and As are the absorbance values of the unknown and standard respectively, 1 is the concentration of the standard.

Limitations

Lactic dehydrogenase and lactate have been shown to interfere with the assay. The incorporation of oxalic acid in this reagent eliminates this interference as reported.

Expected Values

The quantitation of β-hydroxybutyrate is important in cases of ketoadiposis. In studies of healthy individuals who had fasted for 12 hours before blood collection, the range of β-hydroxybutyrate was found to be from 0.02 mM (0.2 mg/dL) to 0.27 mM (2.81 mg/dL). Other ranges have also been reported.

Measuring Range

The measuring range is 0.02 to 8.00 mM/L.

Performance Characteristics for Ortho VITROS 4600

<table>
<thead>
<tr>
<th>Sensitivity</th>
<th>Conducted in accordance with CLSI EP17-A2.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Limit of Blank</td>
<td>≤ 0.02 mmol/L</td>
</tr>
<tr>
<td>Limit of Detection</td>
<td>0.016 mmol/L</td>
</tr>
<tr>
<td>Limit of Quantitation</td>
<td>0.031 mmol/L at 10% CV</td>
</tr>
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</table>

<table>
<thead>
<tr>
<th>Linearity</th>
<th>Conducted in accordance with CLSI EP06-A.</th>
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<tbody>
<tr>
<td>0.0 - 8.0 mmol/L</td>
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</table>

<table>
<thead>
<tr>
<th>Precision</th>
<th>Conducted in accordance with CLSI EP05-A3 over 22 days.</th>
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</thead>
<tbody>
<tr>
<td>Within run</td>
<td></td>
</tr>
<tr>
<td>Mean (mmol/L)</td>
<td>Control Level 1</td>
</tr>
<tr>
<td>Control Level 1</td>
<td>0.194</td>
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<tr>
<td>Coefficient of variation (%)</td>
<td>2.58</td>
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</table>
Total run

<table>
<thead>
<tr>
<th></th>
<th>Control Level 1</th>
<th>Control Level 2</th>
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</thead>
<tbody>
<tr>
<td>Mean (mmol/L)</td>
<td>0.194</td>
<td>4.209</td>
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<tr>
<td>Coefficient of variation (%)</td>
<td>3.09</td>
<td>0.86</td>
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Method comparison

105 samples (85 serum/20 plasma) were run on Ortho VITROS 4600 compared to Sirrus analyzer, in accordance with CLSI EP09-A3.
y = 0.9542x – 0.0123 with correlation coefficient of 0.9947

Performance Characteristics for Ortho VITROS 5600

Sensitivity
Conducted in accordance with CLSI EP17-A2.
Limit of Blank ≤ 0.02 mmol/L.
Limit of Detection 0.012 mmol/L.
Limit of Quantitation 0.031 mmol/L at 10% CV.

Linearity
Conducted in accordance with CLSI EP06-A.
0.0 - 8.0 mmol/L.

Precision
Conducted in accordance with CLSI EP05-A3 over 22 days.

Within run

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</thead>
<tbody>
<tr>
<td>Mean (mmol/L)</td>
<td>0.188</td>
<td>4.232</td>
</tr>
<tr>
<td>Coefficient of variation (%)</td>
<td>1.06</td>
<td>0.57</td>
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Total run

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Method comparison

105 samples (85 serum/20 plasma) were run on Ortho VITROS 5600 compared to Sirrus analyzer, in accordance with CLSI EP09-A3.
y = 0.97x – 0.0227 with correlation coefficient of 0.9972

Find Symbol Glossary at www.ekfusa.com/symbols-glossary

References

For Technical Service call: 800-531-5535 • (830) 249-0772
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